

# SANTA BARBARA LAWN BOWLS CLUB

## ON THE JACK

JUNE, 2014



On May 10 we held our annual Open House at the club. We had plenty of enthusiastic volunteers to help out. Everything was ship-

shape and inviting but unfortunately, we didn't get many visitors and those who tried bowling didn't sign up to join our club. So "word of mouth" seems to be our best recruiting tool and all of us need to encourage friends and acquaintances to come try bowling. We have recently acquired several new folks – son and daughter of John O'Dea and now two new bowlers at the twilight games. Please welcome them and help them get started enjoying our great sport.

*TONY*



*Flag Day  
June 14*

### **TOURNAMENT NEWS:**



**Novice Singles Players:**  
**Victoria, Denise, Scott, Jim, Grace, Bruce with Gloria Torres, Tournament Director**

The **Novice Singles** Tournament was played on Saturday, May 17 and six of our newest bowlers participated. The format was single elimination and games were played to 14 points. By the end of the day, the last standing were Bruce Walter, winner and runner-up Denise Foxwell. Scott and Grace Kipp, who we don't see very often because they travel a lot, fortunately dropped in again and played in the tournament. Good job everyone. Keep up the good work and keep entering tournaments. The competition will only help you improve your game.



**Runner-up Denise Foxwell with Gloria Torres and new Novice Singles Champion Bruce Walter.**

On Memorial Day, May 26, we had the **British Cup Mixed Australian Pairs** tournament. This was sponsored once again by Jo Millett and also again, Jo provided a lovely spread of snacks and drinks after the games were finished - a really nice way to finish a tournament with a drink and a bite and a chance to visit and replay our games. So, many thanks to long time member Jo Millett.

We had 14 teams involved in this one. Everyone played four 8-end games and there were some exciting close results. The winners this year were our very own Pres Tony Cunningham and his partner Denise Foxwell. Congratulations!



**Winners: Tony & Denise with Jo**

Second place went to Chris and Hildegard Kennedy and third place to Steve Goodmanson and Doris Sneddon from Oxnard. Good playing everyone! Below are pictures of the winning teams receiving their medals and certificates from Jo.



### **FLAG DAY:**

Another really FUN tournament and barbecue is coming on Saturday, June 14, which is **Flag Day**. Bud and Stef Viard are in charge of this tournament and it's always a good time. There will be a triples tournament followed by a barbecue. Everyone is requested to wear Hawaiian shirts. Get your teams together and sign up on the bulletin board.

### **VISITATION:**

Something special is coming on Saturday, June 7. Trust me, you don't want to miss this one. It's a visitation to MacKenzie Park club and we will be there along with a bus load of bowlers from Holmby Park. If you haven't been to a visitation, now's the time because it's right here in SB and MacKenzie is planning on at least 75 bowlers. Join the fun. This is NOT a tournament, so if you are a new bowler, don't worry it is just like a club game. We will play against Holmby Park in the first game, then have a great lunch. In the afternoon, if you want to stay for another game, we just mix the clubs and play again.

### ***BOWLING TIPS:***

Since we have some newer members, I thought it might be time to re-print some of the good advice given by Conrad Melton when he wrote regularly for the Bowls Magazine (now extinct).

### **Learning from Bad Shots:**

“There’s something to be learned from every shot, even bad ones.” But very little of it is available if you’ve got your backside pointed at the head, picking up your next bowl and wishing you were invisible.

An errant shot can still tell you about bumps, ruts, slow spots or slick places. Later in the game, you may need to take that path. How your muscles felt during that blooper delivery could be exactly the *rangefinding* data you need to adjust your next shot.

Every bowl in course provides information about the changing weather’s influence on bias. And if you lose your concentration, it could be valuable to recall what was going through your mind that caused it.

If you miss your aiming point, you might use those 11 or so seconds to just stand there and *renew your resolve to stay focused next time*.

Every shot that stays on the rink has a chance to become useful. But getting angry and neglecting to observe a “bad bowl” won’t improve your team’s chances of winning. So stay on the mat...and watch, and *learn something* from every shot you deliver.

### **The Importance of Trial Bowls:**

In important matches, trial bowls are almost always offered. Are they worth the time? Yes! Yes! Yes!

Every rink has its own idiosyncrasies, and every bowl in course will tell a story to the person who

watches carefully. “Passing” on trial bowls and rushing into the game will prevent you from having the opportunity to...

1. Loosen up your muscles.
2. Put in a *wake up* call to your muscle memory;
3. Find or confirm your aiming point for this rink;
4. Find out if both sides have equal bias;
5. Discover or reconfirm its speed (since you quit for lunch, or whatever);
6. Note if one direction is faster than the other, and
7. Watch to see if there are any wrinkles, bumps, slick or slow spots in your draw line.

### **One Handedness:**

Bowlers who go “only” forehand or “only” backhand are considered one-handed. If you *resemble that remark* – the test is if you are reluctant to use your “other” hand –and have any interest in either improving your game or playing it for some time into the future, the number one item on your bowling agenda should be to BECOME TWO HANDED.

Begin immediately. Here are some hints: the only difference between a forehand and backhand delivery is the direction your feet and shoulders are pointed. The grip is the same. The release is the same. The follow-through is the same.

If one-handedness has become such a habit that you need to completely rebuilt your delivery...do it! It’s a severe disability to not have easy access to both sides of the rink – for you and your teammates. You can do it and you’ll be happy you did.

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